Lightbearers Activity: My Little Way Deeds Jar

🌸 Focus: Mercy, kindness, and doing small things with love

🕯 Age Group: 6–7 (Lightbearers)

# What You Need:

- A small plastic cup or recycled jar (one per child)

- Strips of colored paper

- Crayons or markers

- A label that says: "My Little Way"

# What to Do:

1. Decorate the jar: Let the children color and tape on their 'My Little Way' label with flowers or hearts.

2. Talk about St. Thérèse’s Little Way:

“She loved Jesus by doing small, loving things — helping, smiling, saying sorry. Let’s try to do the same.”

3. Write simple deeds on paper strips:

They can choose from a list or make their own:

- Say a kind word  
 - Help without being asked  
 - Forgive someone  
 - Pray for someone  
 - Smile at someone

4. Each day this week:

They pull a deed from their jar, do it, and put it back with a heart drawn on it.

# Optional Group Version:

Use one big 'Class Jar' and share kind deeds during circle time:

“Today I smiled at my brother when he was sad — that was my Little Way.”