

A Joyful Heart for Jesus

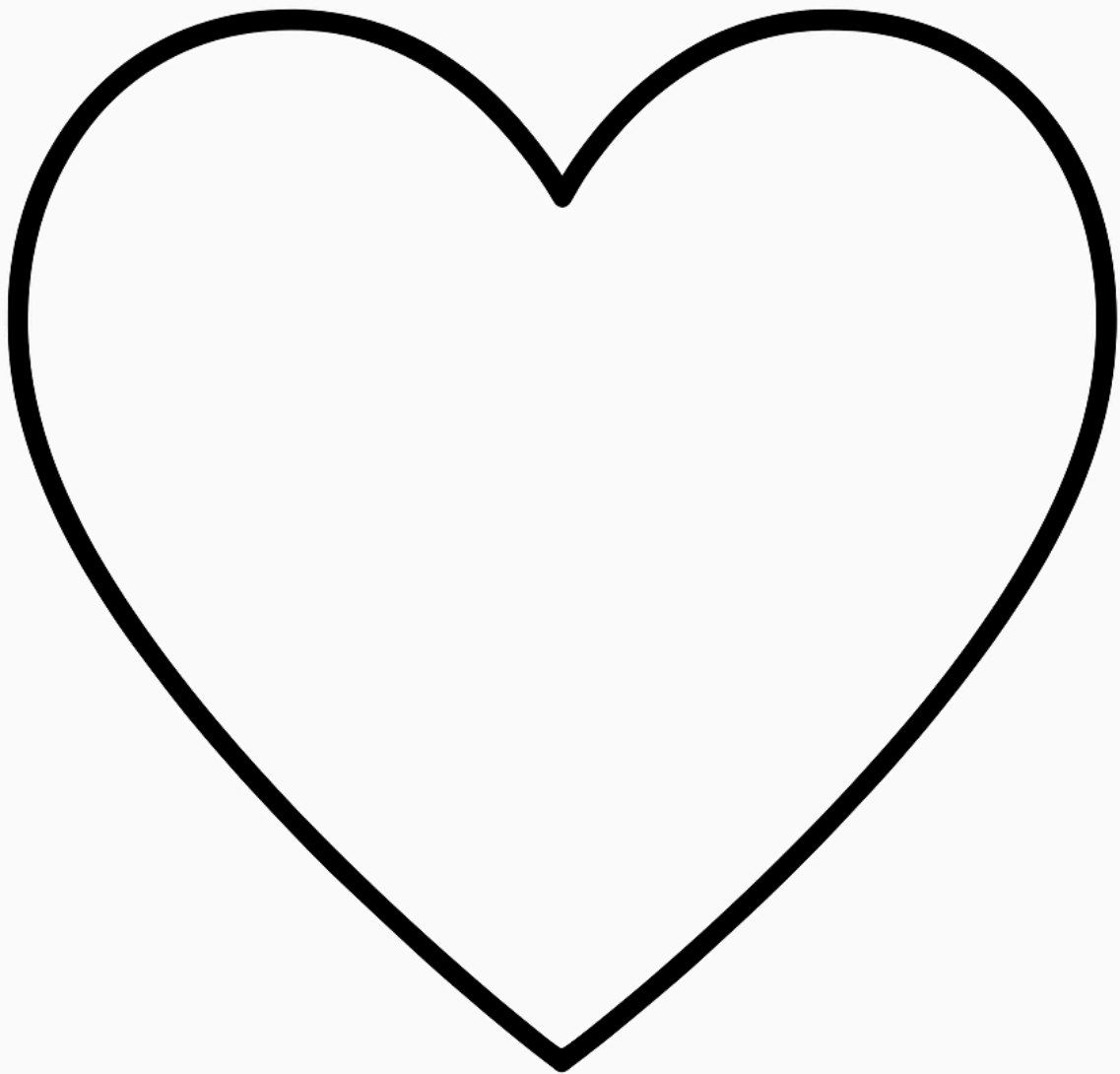
To help children remember that when they listen to Jesus and serve with love, their hearts become full of His joy — just like St. Zita's.

St. Zita's heart was full of joy because she loved Jesus and served Him every day. When we do our work with love, pray, and help others, we fill our hearts with joy too.

Jesus loves a joyful heart!

Colour the heart below.

Inside the heart, write or draw something that fills your heart with joy.



My heart is joyful when I _____.

*Dear Jesus, thank You for the joy You give me
when I love and serve You.*

Help me to keep a happy heart like St. Zita.

Amen.