

Standing for Truth

St. Athanasius defended the truth about Jesus when most of the world went the wrong way.

He stood almost alone, but he never backed down.

Confirmation strengthens us with the Holy Spirit so we can stand for the truth even when it's unpopular or misunderstood.

Main Activity — “A Time I Saw Truth Ignored”

One reflection box with two short prompts:

Write one moment when people around you supported something you knew wasn't right or true.

(general, no names — 1–2 sentences)

Write what a strong, respectful Christian response could look like.

(1–2 sentences.)

This teaches moral clarity without being confrontational.

Mini-Reflection (one line)

Finish the sentence:

“I want to stand for truth even when _____.”

“Holy Spirit, give me the courage to stand for truth.

Help me stay faithful like St. Athanasius,

even when it is difficult.”