

Who Is Jesus to Me?

St. Cyril spent his life defending the truth about Jesus — that He is truly God and truly man.

This wasn't just theology; it was the foundation of real Christian life. Confirmation strengthens our understanding of who Jesus truly is and what He means for our lives.

Main Activity — “Jesus in My Life”

One reflection box with two short prompts:

Write one thing you believe about who Jesus is (Saviour, Son of God, friend, teacher, healer, Lord, etc.).

(1–2 sentences)

Write how this truth about Jesus affects your daily life.

(1–2 sentences.)

This brings theology down to a personal, lived level.

Mini-Reflection (one line)

Complete the sentence:

“Jesus is _____ in my life.”

“Holy Spirit, help me know Jesus more deeply.

Open my heart to His truth and His love.

St. Cyril of Alexandria, pray for me.”