

Choosing Truth for Myself

St. Justin didn't become a Christian because someone forced him.

He chose Christ because he recognised the truth.

Confirmation strengthens us to make our own mature decisions about what we believe and who we follow.

Main Activity — “My Choice: Why I Choose Christ”

A single, simple reflection box with two steps:

Write one reason you choose to follow Jesus.

(It can be personal, practical, or spiritual — their own words.)

Write one way this choice makes a difference in your daily life.

(1–2 sentences.)

This focuses on personal conviction, not pressure for confirmation age.

Mini-Reflection (one line)

Finish the sentence:

“I want to follow Christ because _____.”

“Holy Spirit, strengthen my decision to follow Jesus.

Help me choose truth, live truth,
and stay faithful like St. Justin Martyr.”