

Staying True When Ideas Clash

St. Justin lived in a world full of different beliefs, philosophies, and opinions.

Instead of being confused or pressured, he stayed rooted in the truth he found in Christ.

Confirmation strengthens us to stay faithful even when we hear ideas that challenge what we believe.

Main Activity — “When I Hear Something That Challenges My Faith”

One simple reflection box with two short prompts:

Write one idea, message, or opinion you’ve heard that goes against your faith or makes you question things.

(General, no personal names — safe and honest.)

Write how a strong Christian response could look—calm, thoughtful, and faithful.

(1–2 sentences.)

Mini-Reflection (one line)

Finish the sentence:

“When ideas clash, I want to stay true to Christ by _____.”

“Holy Spirit, help me stay faithful when I hear ideas that challenge my beliefs.

Give me clarity, peace, and strength in Your truth.

St. Justin Martyr, pray for me.”