

Choosing Courage Over Fear

Bl. Miguel Pro often celebrated Mass in secret homes, disguised himself to avoid soldiers, and brought Communion to people at great personal risk.

He did not let fear control him — he let the Holy Spirit guide him.
Confirmation strengthens us with the same courage to choose what is right.

Courage Check-In

Rate your courage today:

Circle one:

1 2 3 4 5

(low) (strong)

Now answer in ONE sentence:

What is ONE small situation today where you want to choose courage instead of fear?

(1 short sentence.)

Mini-Reflection (one line)

Complete the sentence:

“Holy Spirit, give me courage when _____.”

“Holy Spirit, fill my heart with courage.
Help me choose what is right, even when I feel afraid.
Bl. Miguel Pro, pray for me.”