

Choosing What Honors Christ

Bl. Miguel Pro faced dangerous situations, but he always chose what would honour Christ and help others.

He listened to the Holy Spirit and acted with wisdom and love. Confirmation gives us this same guidance when we must choose between good and evil, courage and fear, love and selfishness.

Discernment Exercise — Circle the Choices That Honour Christ

Below are simple everyday actions.

Circle ALL the ones that honour Christ.

- Staying silent when gossip starts
- Comforting someone who is hurting
- Lying to avoid trouble
- Praying for a friend
- Joining in when someone is being teased
- Telling the truth even when it is hard
- Choosing kindness over anger
- Hiding your faith out of embarrassment

Now answer in ONE short sentence:

Which circled choice is the hardest for you, and why?

Mini-Reflection (one line)

Complete the sentence:

“I want to choose what honours Christ when _____.

“Holy Spirit, guide my choices each day.

Help me choose what honours Christ in every situation.

Bl. Miguel Pro, pray for me.”