

Faith in Action

True faith always leads to action.

St. Alban's courage was shown in what he did, not just what he believed.

Confirmation sends us forward to live the Faith through concrete choices, even when those choices are difficult.

Action Commitment

Read the actions below.

Tick (✓) the ones that show faith lived through action:

- ☐ Standing up for someone being treated unfairly
- ☐ Keeping faith private to avoid trouble
- ☐ Acting with integrity when no one is watching
- ☐ Remaining silent when truth is attacked
- ☐ Choosing what is right despite consequences

What is one action you can take to live your faith more boldly this week?

Mini-Reflection (one line)

Complete the sentence:

“Lord, help me live my faith through action by
_____.”

“Holy Spirit, strengthen me to live the Faith through action.

Help me witness to Christ courageously like St. Alban.

St. Alban, pray for me.”