

Faith Greater Than Fear

Fear can make us avoid what is right.

St. Apollonia trusted God more than she feared suffering.

Confirmation strengthens us to remain faithful even when the cost feels heavy.

Fear vs. Faith Discernment

Complete BOTH prompts in one short sentence each:

- **Fear tells me** _____.
- **Faith in Christ calls me** _____.

Mini-Reflection (one line)

Complete the sentence:

“Jesus, help me choose faith over fear when _____.”

“Holy Spirit, free my heart from fear.

Help me remain faithful in suffering like St. Apollonia.

St. Apollonia, pray for me.”