

Faith for a Lifetime

Many things in life are temporary, but faith is meant to last.
St. Barbara remained faithful through every trial, without turning back.
Confirmation strengthens us to endure in faith — not only when it is
easy, but for our whole lives.

Endurance Timeline

Read the stages of life below.

Tick (✓) the ones where faithfulness will still matter:

- ☐ When life is joyful
- ☐ When life is difficult
- ☐ When faith is questioned
- ☐ When faith is unpopular
- ☐ Only during Confirmation classes

Why must faithfulness to Christ last a lifetime and not just a season?

Mini-Reflection (one line)

Complete the sentence:

“Lord, help me remain faithful to You throughout
_____.”

“Holy Spirit, give me strength to endure in faith for my whole life.
Help me remain committed to Christ like St. Barbara.
St. Barbara, pray for me.”