

Loving God with the Holy Spirit's Help

St. Basil taught that love is the heart of the Christian life.

We can only love God fully when the Holy Spirit fills our hearts.

Confirmation strengthens this love so we can follow God not just with our minds, but with our whole heart.

Main Activity — “How I Can Love God Today”

One reflection box with two short prompts:

Write one way you show love for God (prayer, obeying Him, choosing kindness, avoiding sin, helping someone, etc.).

(1–2 sentences)

Write how the Holy Spirit can help you love God more deeply or more faithfully.

(1–2 sentences.)

This connects faith, love, and action — a key Confirmation theme.

Mini-Reflection (one line)

Complete the sentence:

“I can love God today by _____.”

“Holy Spirit, fill my heart with love for God.

Help me follow Him with joy and faith.

St. Basil the Great, pray for me.”