

Making Good Choices with the Holy Spirit

St. Basil taught that the Holy Spirit doesn't just give us strength — the Spirit guides our decisions.

We are not meant to guess our way through life.

Confirmation gives us the Holy Spirit so we can make choices that lead us closer to God, not away from Him.

Main Activity — “A Choice I Need Help With”

One reflection box with two short prompts:

Write one choice you find difficult (friends, honesty, courage, pressure, priorities, forgiveness, self-control, etc.).

(1–2 sentences)

Write how asking the Holy Spirit for guidance could help you make the right decision.

(1–2 sentences.)

This teaches discernment — a key part of Shieldbearers' maturity.

Mini-Reflection (one line)

Complete the sentence:

“The Holy Spirit guides me when _____.”

“Holy Spirit, guide my decisions today.
Help me choose what is right and good.
St. Basil the Great, pray for me.”