

Removing What Holds Me Back

St. Boniface confronted idols — not just wooden statues, but anything that kept people from knowing the true God.

We may not face pagan gods today, but we do face things that distract, tempt, or pull our hearts away from Christ.

Confirmation gives us the strength to “cut down” these obstacles.

Main Activity — “My Modern ‘Idol’ to Remove”

One reflection box with two short prompts:

Write one “idol” in your life — something that takes God’s place or weakens your faith (social media, anger, popularity, lying, bad habits, fear, comparison, laziness, impurity, etc.).

(1–2 sentences)

Write one step you can take to remove or reduce its power in your life.

(1–2 sentences.)

Mini-Reflection (one line)

Complete the sentence:

“One thing I need to remove from my life is _____.”

“Holy Spirit, give me courage to remove anything that keeps me from
You.

Strengthen my heart to choose what is holy.

St. Boniface, pray for me.”