

A Heart That Loves God

After her conversion, St. Catherine loved God with a burning, sincere love that shaped everything she did.

She reminds us that God doesn't just want our actions — He wants our hearts.

Confirmation strengthens our love for God so we can serve Him freely and joyfully.

Main Activity — “How I Can Love God More”

One reflection box with two short prompts:

Write one way you want to grow in your love for God (prayer, trust, obedience, purity, service, gratitude, attending Mass, Scripture reading, acts of charity).
(1–2 sentences)

Write how the Holy Spirit can help you love God with a pure and sincere heart.
(1–2 sentences.)

Mini-Reflection (one line)

Complete the sentence:

“I want to love God more by _____.”

“Holy Spirit, purify my heart and fill me with love for God.
Help me serve Him joyfully and sincerely.
St. Catherine of Genoa, pray for me.”