

Staying Faithful on My Path of Conversion

St. Catherine remained faithful to God through dry moments, temptations, misunderstandings, and struggles.

She learned that conversion requires daily choices, not just one emotional moment.

Confirmation strengthens us to persevere — to keep choosing God even when it is difficult.

Main Activity — “Where I Need Perseverance”

One reflection box with two short prompts:

Write one area where staying faithful to God is hard for you (prayer, kindness, resisting temptation, forgiving someone, avoiding sin, focusing during Mass, choosing good friends).

(1–2 sentences)

Write how the Holy Spirit can help you persevere and stay committed in that area.

(1–2 sentences.)

Mini-Reflection (one line)

Complete the sentence:

“I want to stay faithful even when _____.”

“Holy Spirit, help me persevere in my conversion.
Strengthen me to stay faithful to Jesus every day.
St. Catherine of Genoa, pray for me.”