

Growing in Knowledge of My Faith

After her conversion, St. Catherine spent her life learning, praying, and understanding God's love more deeply.

Conversion is not the end — it is the beginning of a lifelong journey of knowing God.

Confirmation strengthens our desire to learn the Faith so we can love God more deeply and defend the truth with confidence.

Main Activity — “One Truth I Want to Learn Better”

One reflection box with two short prompts:

Write one truth of the Catholic Faith you want to understand better (prayer, the Eucharist, forgiveness, heaven, sin, mercy, the saints, vocations, the Holy Spirit, the Mass, Scripture, etc.).

(1–2 sentences)

Write how learning this truth will help you grow in your relationship with God.

(1–2 sentences.)

Mini-Reflection (one line)

Complete the sentence:

“I want to learn more about _____.”

“Holy Spirit, help me grow in knowledge of the Faith.
Teach me the truth so I can follow You more closely.
St. Catherine of Genoa, pray for me.”