

Strength for My Mission

St. Columba prayed constantly so that his mission would be rooted in God, not in his own strength.

He knew that spreading the Gospel requires courage, discipline, and trust.

Confirmation gives us the Holy Spirit's power to live out our mission faithfully.

Main Activity — “Where I Need Strength for My Mission”

One reflection box with two short prompts:

Write one challenge you face in living your faith (fear of judgment, pressure from friends, temptation, laziness, distractions, etc.).

(1–2 sentences)

Write how the Holy Spirit can strengthen you in that challenge.

(1–2 sentences.)

Mini-Reflection (one line)

Complete the sentence:

“I need the Holy Spirit's strength when _____.”

“Holy Spirit, give me strength to follow Your call.
Help me face every challenge with courage and faith.
St. Columba, pray for me.”