

A Faith That Shines

St. Ephrem believed that when the Holy Spirit lives in us, our faith becomes something beautiful — like light, music, or a bright flame. People are drawn to God when they see His beauty reflected in our lives.

Confirmation strengthens us so our faith can shine for others.

Main Activity — “How My Faith Can Shine”

One reflection box with two short prompts:

Write one way your faith can shine for others (kindness, peace, joy, honesty, courage, patience, compassion, etc.).
(1–2 sentences)

Write how this could help someone see God’s goodness.
(1–2 sentences.)

Mini-Reflection (one line)

Complete the sentence:

“My faith shines when _____.”

“Holy Spirit, make my faith beautiful.
Let Your light shine through my words and actions.
St. Ephrem the Syrian, pray for me.”