

The Holy Spirit Brings Light to My Life

St. Ephrem taught with songs and poetry that described God's truth as
light shining in darkness.

He believed the Holy Spirit opens our eyes to see what is good, holy,
and true.

Confirmation fills us with this same light so we can see life as God sees
it.

Main Activity — “Where I Need God's Light”

One reflection box with two short prompts:

**Write one part of your life where you need God's light (a
confusion, a struggle, a decision, a fear, a temptation).**
(1–2 sentences)

**Write how the Holy Spirit's light could help you in that
area (clarity, courage, peace, truth, direction).**
(1–2 sentences.)

Mini-Reflection (one line)

Complete the sentence:

“The Holy Spirit brings light when _____.”

“Holy Spirit, shine Your light into my heart.
Help me see Your truth and follow Your ways.
St. Ephrem the Syrian, pray for me.”