

The Holy Spirit Helps Me Understand God's Word

St. Ephrem loved Scripture and explained it in ways that touched the heart.

He taught that the Holy Spirit is the one who opens our minds to understand God's Word.

Confirmation strengthens this gift so we can hear God speaking to us through Scripture.

Main Activity — “A Scripture That Speaks to Me”

One reflection box with two short prompts:

Write a Scripture verse you like or remember (even a short phrase is fine).

(1–2 sentences)

Write what the Holy Spirit might be showing you through that verse.

(1–2 sentences.)

This connects personal joy → mission.

Mini-Reflection (one line)

Complete the sentence:

“God speaks to me in Scripture when _____.”

“Holy Spirit, open my mind to Your Word.
Help me understand Scripture and live it every day.
St. Ephrem the Syrian, pray for me.”