

Sharing What I Know

St. Gregory didn't keep his knowledge of God to himself — he shared it so others could come to know and love God too.

He showed that when we understand our faith, we can help others understand it as well.

Confirmation sends us out to share God's truth with confidence and kindness.

Main Activity — “One Thing I Can Share About God” One reflection box with two short prompts:

Write one truth about God or your faith that you feel confident sharing with others.

(1–2 sentences)

Write how sharing this truth could help someone else.

(1–2 sentences.)

This connects knowledge → mission.

Mini-Reflection (one line)

Complete the sentence:

“I can share God's truth by _____.”

“Holy Spirit, help me share Your truth with courage and love.

Guide my words and my actions.

St. Gregory Nazianzen, pray for me.”