

Faithful When It's Costly

St. José is a reminder that following Jesus sometimes leads to suffering or sacrifice.

Most Shieldbearers will not face physical persecution, but they will face moments when being faithful costs something — popularity, comfort, acceptance, or easy choices.

Confirmation prepares us to stay loyal to Jesus no matter the cost.

Main Activity — “A Moment When Faithfulness May Cost Me Something”

One reflection box with two short prompts:

Write one situation where being faithful to Jesus might cost you something (friends mocking your faith, losing popularity, refusing to sin, choosing honesty, standing up for someone, going against the crowd).

(1–2 sentences)

Write how the Holy Spirit can help you stay strong and faithful in that moment.

(1–2 sentences.)

Mini-Reflection (one line)

Complete the sentence:

“I choose to stay faithful even if _____.”

“Holy Spirit, give me courage when faithfulness is costly.

Help me stay loyal to Christ like St. José Sanchez del Río.

St. José, pray for me.”