

Sealed for Christ

St. Justina chose Christ freely and remained faithful even unto death.

Her faith was not temporary or conditional.

In Confirmation, we are sealed with the Holy Spirit — marked forever as belonging to Christ and His Church.

Seal of Belonging Reflection

Read the statements below.

Tick (✓) the ones that describe what it means to be sealed in Confirmation:

- ☐ Belonging permanently to Christ
- ☐ Receiving strength from the Holy Spirit
- ☐ Being free to abandon the Faith whenever it becomes hard
- ☐ Being marked as a witness of Christ
- ☐ Being sent to live and defend the Faith

What does it mean to you to belong to Christ forever?

Mini-Reflection (one line)

Complete the sentence:

“I belong to Christ, and that means _____.”

“Holy Spirit, seal my heart with Your presence.
Help me belong fully to Christ and live as His witness.
St. Justina of Padua, pray for me.”