

Giving Myself for Others

St. Lawrence served the poor, the sick, and the forgotten with generosity and love.

He did not ask what he could keep — he asked what he could give. Confirmation strengthens us to offer our time, talents, and hearts in service to Christ and others.

Self-Giving Discernment

Read the statements below.

Tick (✓) the ones that show generous, self-giving love:

- ☐ Giving time to help someone in need
- ☐ Keeping everything for myself
- ☐ Serving without expecting praise
- ☐ Helping only when it is easy
- ☐ Putting others before comfort
- ☐ Loving only when it benefits me

What is one small way you can give of yourself this week for someone else?

Mini-Reflection (one line)

Complete the sentence:

“Lord, help me give of myself by _____.”

“Holy Spirit, teach me generous and self-giving love.
Help me serve others with courage and joy like St. Lawrence.
St. Lawrence, pray for me.”