

# A Pure Heart for God

St. Lucy kept her heart pure and focused on God, even when the world tried to pull her away.

She shows us that purity isn't just about avoiding sin — it's about having a heart that belongs to God alone.

Confirmation strengthens us to guard our hearts and choose what brings us closer to Jesus.

## Main Activity — “Keeping My Heart Pure”

One reflection box with two short prompts:

**Write one thing that tries to pull your heart away from God (peer pressure, gossip, anger, jealousy, negativity, impurity, selfishness, dishonesty, etc.).**

(1–2 sentences)

**Write one way you can keep your heart pure and focused on God in that situation.**

(1–2 sentences.)

## Mini-Reflection (one line)

Complete the sentence:

“I keep my heart pure when I \_\_\_\_\_.”

“Holy Spirit, protect my heart from anything that leads me away from  
You.

Make my heart pure and strong like St. Lucy's.

St. Lucy, pray for me.”