

To Defend My Faith, I Must Know My Faith

St. Margaret refused to deny Christ because she knew who He was and why He was worth living and dying for.

We cannot defend the Catholic Faith if we do not understand it. Confirmation strengthens our mind and heart so we can learn the Faith, love the Faith, and stand firm in the truth.

Main Activity — “What I Need to Learn About My Faith”

One reflection box with two short prompts:

Write one part of the Catholic Faith you want or need to understand better (the Mass, the Trinity, Mary, the Bible, the saints, the Sacraments, prayer, morality, etc.).

(1–2 sentences)

Write how understanding this will make you stronger in your faith.

(1–2 sentences.)

Mini-Reflection (one line)

Complete the sentence:

“I want to know my Faith better so I can _____.”

“Holy Spirit, open my mind to understand the Faith.

Give me courage and wisdom to defend the truth.

St. Margaret of Antioch, pray for me.”