

Faithful When It's Hard

St. Maximus defended the true teaching about Jesus even when powerful leaders tried to force him to deny it.

He stayed clear, courageous, and faithful because he trusted the Holy Spirit.

Confirmation gives us that same inner strength to stay faithful when the world pushes us in another direction.

Main Activity — “A Situation Where I Need Courage & Clarity”

One reflection box with two short prompts:

Write about a situation where it is hard to stay faithful or speak the truth (peer pressure, social pressure, being afraid to stand out, fear of being mocked, confusion about right and wrong).

(1–2 sentences)

Write how the Holy Spirit can help you remain clear, courageous, and faithful in that moment.

(1–2 sentences.)

Mini-Reflection (one line)

Complete the sentence:

“The Holy Spirit helps me stay faithful when _____.”

“Holy Spirit, give me clarity and courage to stay faithful under pressure.

Help me follow the truth with confidence and love.

St. Maximus the Confessor, pray for me.”