

Doing What Is Right

St. Nicholas was courageous in everyday life — not just big heroic moments.

He protected the vulnerable, defended the innocent, and acted with justice and mercy.

Confirmation gives us the courage to do what is right, especially when it is difficult or unpopular.

Main Activity — “A Hard Choice I Need Courage For”

One reflection box with two short prompts:

Write one example of a hard but right choice you may need to make (telling the truth, resisting gossip, defending someone, choosing purity, refusing peer pressure, admitting a mistake, apologising, helping someone others ignore).

(1–2 sentences)

Write how the Holy Spirit can help you choose what is right, even if others choose the easier path.

(1–2 sentences.)

Mini-Reflection (one line)

Complete the sentence:

“With the Holy Spirit, I can choose what is right even when _____.”

“Holy Spirit, give me strength to do what is right.
Help me be brave like St. Nicholas in every choice I make.
St. Nicholas of Myra, pray for me.”