

Where I Refuse to Compromise

Compromise often looks small at first — “just this once,” “it doesn’t really matter,” “everyone does it.”

St. Theodore shows us that even small compromises can pull us away from God.

Confirmation strengthens us to recognise compromise and choose faithfulness instead.

Compromise Check (Circle & Choose)

Circle the actions that involve compromise of faith or values:

- Laughing along with cruel jokes
- Staying silent to avoid conflict
- Lying to protect your image
- Refusing to deny Christ
- Joining in wrongdoing to fit in
- Standing firm even when mocked

Now answer in ONE short sentence:

Which type of compromise is hardest for you to resist, and why?
(1 sentence only.)

Mini-Reflection (one line)

Complete the sentence:

“With God’s grace, I refuse to compromise when
_____.”

“Holy Spirit, strengthen me to resist compromise.
Help me choose faithfulness over comfort like St. Theodore.
St. Theodore of Amasea, pray for me.”