

Truthbearers

Month 2 — Purpose

Week 1 — You Were Created Intentionally

Many young people today are told that life is random, meaningless, or simply about chasing success and pleasure. But Christianity teaches something radically different. You were created intentionally by God. Your life has meaning. Your existence is not an accident. Every person has gifts, strengths, and responsibilities that were meant to be used for something greater than selfishness or comfort.

“Before I formed you in the womb I knew you.” — Jeremiah 1:5

Saint Focus — St. John Paul II

St. John Paul II constantly reminded young people that they were made for greatness, not mediocrity. He challenged them not to drift through life passively, but to discover their God-given dignity and purpose.

THINK

What gifts, strengths, or talents has God given me?

DO

Write down: • three strengths you genuinely possess • three weaknesses you need to work on • one area where you believe God may be calling you to grow

PRAY

“Lord, help me understand why You created me.”

DISCUSSION

Why do so many people today struggle to believe their lives matter?

CHALLENGE

Encourage someone this week who may feel overlooked, ignored, or discouraged. Use your words intentionally.

JOURNAL PROMPT

If my life truly has purpose, what responsibilities come with that?